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| **Grocery List** | | |
| **Fruit & Vegetables** | **Dairy** | **Meat & Seafood** |
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| **Snacks** | **Beverages** | **Pantry Staples** |
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| **Toiletries** | **Frozen Foods** | **Personal Care** |
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| **Canned Goods** | **Bakery** | **Others** |
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| [source: www.neworchards.com](https://www.neworchards.com) | | |