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| **Grocery List** | | | | | | | | |
| **FRUITS & VEGETABLES** | | |  |  | **DAIRY** |  |  | **MEAT & SEAFOOD** |
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|  |  | |  |  | **BEVERAGES** |  |  | **SNACKS** |
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|  | | **TOILETRIES** |  |  | **FROZEN FOODS** |  |  | **PERSONAL CARE** |
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|  | | **CANNED GOODS** |  |  | **BAKERY** |  |  | **OTHERS** |
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| [source: www.neworchards.com](https://www.neworchards.com) | | | | | | | | |